

HEART AND LUNG TRANSPLANT TRUST (VICTORIA) INCORPORATED

INCORPORATED IN VICTORIA - A0037327C ABN 68 585 966 022

P.O. BOX 25036, MELBOURNE, VICTORIA 3004

Annual Report for the year ended 30 June 2012



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Introduction

The Heart and Lung Transplant Trust (Victoria) Incorporated ("the Association") was incorporated on 1 December 1998 under the Associations Incorporation Act 1981. The Association was formed for the benefit of transplant patients & recipients of the transplant unit of The Alfred Hospital, Commercial Road, Melbourne 3004 ("The Alfred") and their families and friends.

The Association's vision is for a bright and active future for all those involved with or in need of a heart or lung transplant. The Association actively encourages organ donation and supports The Alfred, the transplant team, patients, recipients, their families and carers throughout their journey.

The objects in the Constitution of the Association are as follows:

• Increase public awareness of the need for organ donation

There are nearly two thousand Australians currently on waiting lists and sadly some patients will die before a suitable organ becomes available. Members of the Association actively promote organ donation. The most crucial aim of the Association is to increase the number of registrations on the Australian Organ Donor Register;

- Promote the recognition and acknowledgment of the donor and donor family Those patients who are alive today because they received a transplant, hope that donor families feel a sense of comfort in knowing that because of their decision to donate, someone will live and other families will be saved the pain of a loved one's death. The Association supports the Annual Thanksgiving Service and also encourages its members to participate to remember and acknowledge the many people who have given the "Gift of Life";
- Raise funds and accept donations as appropriate for the transplant clinic at the Alfred Many of the members joined the Association to give something back through supporting fellow patients and the Alfred. Money received through generous donations, or raised from raffles and other fund raising activities, is used to purchase medical equipment, fund transplant related research or anything else that can assist the Alfred's transplant unit or associated wards;

Provide general assistance (including accommodation, equipment and related services or financial assistance with any such matters) peer support and encouragement for all "pre" and "post" heart and lung transplant patients, their families and/or their carers. The need for peer support provided the impetus to form the Family Fund, the forerunner to the Association. The time waiting for a transplant or recovering from a recent transplant operation can be stressful for patients, their families or their carers. It is well known that people with good peer support do better both mentally and physically. The support provided by others who have had the same or similar experiences can help through difficult times. The Association also provides other services to patients e.g. fitness grants and the Accommodation Program to assist their well being and those of their families and/or carers;



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- Communicate to members and other interested parties through a periodic newsletter Keep membership informed as to what the Association is doing through the periodic newsletter, The Circulator as well as through our website and email broadcasts;
- Provide relevant information and encourage healthy lifestyle choices to ensure the maintenance of optimal physical health Being as well as possible before transplant will make it easier for the patient and transplanted organ to stay healthy after transplant. Good nutrition and healthy living are important both before and after transplant;
- Inform the public about the prevention of diseases that may result in organ transplantation

Being conscientous to small details without becoming obsessive, such as hygiene, having the annual flu vaccination and being consistent with taking medications is important. However it is still necessary to reinforce the message as often as possible to enhance patient outcomes;

- Engender fraternal feelings amongst "pre" and "post" heart and lung transplant patients and their families through social activities The Christmas and Easter BBQs have always been well attended and provide a great chance to meet other members. Other social events will be held from time to time;
- **Consider and deal with all matters submitted to the Association by any member** To consider and deal with matters raised by members relating to the aims of the Association;
- **Represent the interests of its members in any appropriate forum** To consider and deal with matters relating to the aims of the Association to any other body;
- Foster links with other bodies with similar interests in the pursuit of these objects There are a number of transplant associations who share similar interests. The Association will combine efforts, where appropriate, to stimulate public response to the need for organ donation. The Association is also a signatory to the DonateLife Communications Framework and accordingly DonateLife Partner;
- Procure the provision of (on its own or in conjunction with other bodies) accommodation and associated goods and services primarily to pre and post heart and lung transplant patients and their families and/or carers, and also to other patients of The Alfred Hospital, Melbourne and/or their families and/or carers

Rural Victoria and interstate transplant patients (and other Alfred patients) often need long term accommodation very near The Alfred. The Association, through its Accommodation Program, seeks to ease this burden on the patients and their families and/or carers by providing subsidized accommodation through serviced apartments; and

• Undertake to do all things which are necessary, incidental or conducive to the advancement of these objects



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The Association has continued to fulfil these objects during the financial year ended 30 June 2012. In accordance with the rules of the Association, the Committee of Management met on 5 occasions (August (no quorum), October, November, February, April & June) during the financial year at the 5th Floor Seminar Room of The Alfred to conduct the business of the Association. Minutes of these meetings are held by the Secretary and are available to members on request.

There was a special general meeting held in February to consider various rule changes. The Rules had been reviewed on a pro-bono basis by Mallesons Stephen Jacques, for which the Committee expresses its thanks.

The Committee of Management believed the proposed changes would (a) further the objects of the Association by enabling the commencement of an accommodation program for patients; (b) introduce a Membership Officer to improve the efficiency of the membership database administration; (c) introduce a category of Life Membership; and (d) assist the Committee in running the Association more efficiently and effectively. The resolution to adopt the changes was passed unanimously and the Victorian Registrar subsequently approved the changes on 14 February 2012.

The number of members of the Association increased to 209 at 30 June 2012 from 179 at 30 June 2011. In addition, a further 18 members had not paid their subscriptions by 30 June 2012. The Committee had the unfortunate task of commencing procedures to expel these members who, despite repeated requests, continually failed to pay their subscriptions. The procedures under the Constitution are being followed precisely, to give these members every opportunity to re-instate themselves.

On a brighter note, a new 'Life Membership' category was created and offered to members who have demonstrated exceptional service to the Association over a long period. The Association was pleased to appoint 7 such individuals: Elizabeth Seales, Lyn Budge, Richard Metzke, Felicity Nolan, John Bisiach, Sue Tamblyn and Gaylynn Pinniger. The Association thanks these individuals for their years of hard work on our behalf. As the Association is fully volunteer run, without people like these we would not have such an organization to support the heart and lung transplant community.

During the year, the Association commenced an awareness program, with the kind permission of The Alfred, to increase the awareness of the Association among The Alfred transplant community. Committee members attended "pre" and "post" transplant education sessions to explain about the Association and how we can assist patients generally. We have consequently seen a good increase in, particularly "pre", transplant members.

Christmas and Easter BBQs were held at Fawkner Park, opposite the Alfred and were well attended by members. T-shirts were sold at the BBQs and have been a useful addition to our fundraising and promotion efforts.

The accompanying notes form part of these financial statements Page 3 wr



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In late September the Association was shocked to learn of a temporary suspension in the adult lung transplant program. The Committee wrote to the CEO of The Alfred and also urged all members to do the same and to lobby their respective State Government representatives. Contacts were also made with media outlets to campaign for the reversal of this decision. It was heartening to see the program rapidly reinstated.

The Association continued to host the <u>www.hlttv.org.au</u> website with the assistance of Found Design. Aside from broadcasting news and events, it also allows membership subscriptions and online donations. In addition, it continues to generate interest and enquiries from many parts of the world. We also added a link to facilitate credit card donations through the GiveNow organisation which went live on 26 June.

The Association became a Charter Signatory to DonateLife's Communications Framework which involves promoting the message of organ donation in a consistent and accurate fashion. DonateLife commented that our website was "excellent" in promoting the key messages of organ donation. As a result of all this work we became a "DonateLife partner" with the rights to use the "DonateLife partner" logo.

The Association also created a Facebook page and as of the year end we had 133 friends. Four editions of The Circulator newsletter (September, December, March & June) were distributed to members during the year. The Editor, Gaylynn Pinniger, has once again done an amazing job in finding all the inspiring stories over the year.

The Committee continued to review various proposals to dispose of the 2 Aboriginal paintings that had been donated in 2011, but as yet to no avail.

Vice President, Rom Konieczny, organised a raffle after persuading a number of local organisations in the Lakes Entrance area to donate prizes as an accommodation package, in conjunction with a patchwork quilt as second prize which had been donated to the Association. The raffle was drawn on the 29th June at the 3F clinic, The Alfred. Due to Rom's interstate work commitments, Committee member Martina Appelman stepped in to finish Rom's great work. In all, \$3,500 was raised with 1,697 tickets sold (\$3,394) and a further \$106 of related donations. The Committee members give their thanks to Rom & Martina.

First prize was a weekend getaway package in Lakes Entrance, comprising two nights accommodation at "Bellevue on the Lakes", Lakes Entrance; \$100 Dinner Voucher at Lakes Sports and Community Club; a trip to Wyanga Park Winery on the ferry "Corque" which includes lunch for two; and a 3 hour Fishing Trip for two on the "Mulloway". Congratulations to John Stephenson of Sunshine who won first prize.



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Second prize was a 'Country Life' Patchwork Quilt 1.16 m x 1.16 m – donated by heart transplant recipient Jill Reid and her Howlong Patchwork Group. Congratulations to Val Hocking for winning second prize.

The Association would like to thank all the businesses and groups that donated prizes, and to all the members who helped to sell raffle tickets.

In terms of expenditure there was a significant donation to the Alfred Hospital of \$2,500 to purchase a new exercise bike. The cost to the Association was partially offset by a generous donation of \$1,250 from member G Vessey. The Alfred gym is in the process of a major refurbishment and, as the Committee is well aware, is heavily used by all transplant patients. The donation was routed through the Alfred Foundation.

The fitness grant was introduced in 2011, after consultation with The Alfred Physiotherapy Dept, to support post transplant members by partially reimbursing fitness expenditure. Unfortunately through the year there has been a disappointing take up of this. The Association only assisted 2 members with a portion of their fitness expenditure.

Finally, 2012 saw a new accommodation program launched by the Association. As many of our members know, recipients of a heart and/or lung transplant require daily post-operative outpatient treatment at The Alfred Hospital for three months following their transplant surgery. Patients from interstate and regional Victoria must therefore find appropriate accommodation within walking distance of The Alfred during this time, as they are unable to return home each day. In addition, patients are strongly advised to avoid public transport due to the infection risk.

For many people, finding adequate, affordable and short-term accommodation in close proximity to The Alfred is extremely difficult and can cause financial and emotional stress during what is already an incredibly traumatic period in their lives.

There is a State Government rebate available for patients who live more than 100km from The Alfred. However, the rebate offered is only approximately 50%, or less, of the cost of most accommodation available in the local area. In addition, the cost of short-term accommodation greatly increases during peak tourist periods such as the Grand Prix, Australian Tennis Open and other special events.

The Association, in conjunction with The Alfred, has developed a program to financially support transplant recipients who are either from rural Victoria, South Australia, Tasmania or the border area of New South Wales. The program is designed to cater for the long term post surgery stays and result in patient accommodation out-of-pocket costs being only \$15 per night/\$105 per week after receipt of State Government rebate.



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The Association has partnered with Park Regis Griffin Suites, St Kilda Road, to initially provide 2 onebedroom apartments for the program. Within days of "going live", the first two families were in residence.

We held a launch party at the Park Regis on 31 May to promote the program. Music was provided by Allan Browne, renowned jazz musician and one of our members, and there was a guest appearance by Derryn Hinch, media personality. In addition, door prizes and raffle prizes were generously donated. Over 100 members, families, friends & clinic staff attended. As well as promoting the night, we raised \$1,185 through door fees & a raffle.

We were also extremely grateful to receive a significant donation of \$10,000 to the program from the Havaheart Project of Williamstown Rotary through the work of Steve Peuschel. In addition, the daughter of one of our post transplant members, Eleni Martakis, organised a film night fundraiser and managed to raise over \$3,000 for the program - a wonderful effort!

Other members have also made significant individual donations, it is clear the idea of a program has been well received and touched a number of you. The Association continues to fundraise to ensure the program can thrive and grow. There is certainly a clear demand for more apartments. The Committee wishes to publicly express its thanks to Secretary & Treasurer Jon Rolfe, Committee member David Hayne and former President John Bisiach for their immense hard work and due diligence in taking the program from a "great idea" to "realisation in practice".



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Association Officers and Committee of Management for the year ended 30 June 2012

President	Claude Turco
Vice President	Rom Konieczny
Secretary & Public Officer	Jon Rolfe
Treasurer	Jon Rolfe
Membership Officer	Louisa Walsh (from 8 November 2011) David Hayne (until 8 November 2011)
Committee of Management Office holders	President Vice President Secretary Treasurer Membership Officer
Ordinary Members	Martina Appelman David Hayne Gaylynn Pinniger John Prior

Other Assistance Webmaster Patient Support Minute Secretary The Circulator Editor Committee Support

Chris Williams John Bisisach Gaylynn Pinniger Gaylynn Pinniger Flick Nolan Jeffrey Priest



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Detailed Income and Expenditure Statement for the year ended 30 June 2012

	2012 \$	2011 \$
INCOME		
Donations	6,480	5,924
Subscriptions	1,780	1,290
Accommodation appeal	17,999	-
Fundraising - BBQs	1,207	1,022
Fundraising - Raffle	3,500	7,893
Fundraising - Other	757	10,100
Bank Interest Received	2,138	1,363
TOTAL INCOME	33,861	27,592
EXPENDITURE		
Advertising & Promotions	1,258	1,836
Circulator Newsletter	1,646	1.424
Accommodation program	4,677	-
Transfer to accommodation reserve	13,323	
BBQs	306	532
Donations	2,840	5,400
Entertainment	-	504
Filing Fees	116	155
Postage	243	451
Printing & Stationery	350	179
Website assistance fees	-	1,313
Website registration & hosting	392	125
Depreciation	39	102
Other administration	196	-
Bank fees	-	1
TOTAL EXPENDITURE	25,386	12,022
NET INCOME OR EXPENDITURE	8,475	15,570



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Detailed Balance Sheet for the year ended 30 June 2012

	2012	2011
	\$	\$
MEMBER FUNDS		
Accumulated Funds	50,948	42,473
TOTAL MEMBER FUNDS	50,948	42,473
FIXED ASSETS		
BBQ	65	104
Computer backup drive	-	-
TOTAL FIXED ASSETS	65	104
CURRENT ASSETS		
Non-cash assets		
Paintings	800	800
Bad debts to be recovered	40	-
Website service refund	-	150
Website hosting prepaid	-	67
Website domain prepaid	-	42
Cash Assets		
Cash at Bank	40,837	7,009
Term Deposit	28,000	35,000
TOTAL CURRENT ASSETS	69,677	43,068
TOTAL ASSETS	69,742	43,172
CURRENT LIABILITIES Payables	5,031	319
Accommodation appeal reserve	13,323	519
Prepaid subscriptions	440	- 380
	18,794	<u> </u>
I OTAL CORRENT LIADILITIES	10,/94	699
TOTAL LIABILITIES	18,794	699
NET ASSETS	50,948	42,473

The accompanying notes form part of these financial statements Page 9



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Declaration of the Committee of Management

The Committee of Management of the Heart and Lung Transplant (Victoria) Incorporated ("the Association") declare these financial statements to be a true and fair view of the Association's financial position as at 30 June 2012 and its performance for the year ended on that date, in accordance with the accounting policies described in the Notes to the Financial Statements.

In the Committee of Management's opinion there are reasonable grounds to believe the Association will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution passed at the Annual General Meeting held on 13 November 2012.

Signed for and on behalf of the Committee of Management

President: Mr. Claude Turco Dated: 13/11/12.

Treasurer: Mr. Jon Rolfe

The accompanying notes form part of these financial statements



Annual report for year ended 30 June 2012

Notes to the Financial Statements

- 1. The Heart and Lung Transplant Trust (Victoria) Incorporated ("the Association") is an association incorporated and domiciled in Victoria. It was incorporated on 1 December 1998 under the Associations Incorporation Act 1981 ("the Act").
- 2. These financial statements are a special purpose financial report prepared to satisfy the financial reporting requirements of the Act. It has been prepared in accordance with the requirements of the Act and the relevant Australian Accounting Standards. The Association is not a *"prescribed association"* as defined under the Act, given assets are less than \$500,000 and annual gross revenue is less than \$200,000. Consequently these financial statements are not required to be audited and a cashflow statement has not been prepared.
- 3. Income and expenses appear on a 'cash basis' with the exception of:
 - (a) membership subscriptions, which are accounted for in the year to which they relate; and
 - (b) accommodation expenses. Monies raised in respect of this appeal are segregated and only applied to the expenses of the accommodation program. Accordingly, while appeal income is shown on a cash basis, expenses contain both cash expenses incurred plus a transfer to an appeal reserve. Monies will be released from this reserve in the future years when future accommodation cash expenses are paid.
- 4. A BBQ was purchased in March 2011 for use at the Association's regular BBQs. It was purchased for \$117 and is being written off over 3 years, the estimated useful life.

Asset	Book cost Ś	Accumulated depreciation \$	Written down value Ś
BBQ	117	52	65
Computer flash drive	89	89	-
Total	206	141	65

- 5. Two Aboriginal paintings were donated to the Association during the 2010-11 year. The Management Committee is exploring ways to maximize sale value for these items. The value appearing in the accounts was that given by Leonard Joel, specialist auctioneers & valuers.
- 6. Movement in Member Funds:

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Balance at 30 June 2011	42,473
Net income for the year	8,475
Balance at 30 June 2012	50,948

7. There were no mortgages, charges or securities affecting any of the property of the Association during, and at the end of, the financial year.

The accompanying notes form part of these financial statements Page 11



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- 8. The Association was not a trustee of any trust during, and at the end of, the financial year.
- 9. These financial statements have been reviewed by the Management Committee and approved at the Annual General Meeting held on 13 November 2012, being within 5 months of the end of the financial year in accordance with the Act.
- 10. The Association is registered as a "Health Promotion Charity" with the Australian Tax Office and has access to an "Income Tax exemption", "GST concessions" and an "FBT exemption" with effect from 1 July 2005 in accordance with the relevant tax legislation. In addition, the Association was endorsed as a "Deductible Gift Recipient" with effect from 5 July 2007 and is not "GST registered".
- 11. These financial statements will be submitted to the Registrar of Incorporated Associations in the required format within 1 month of the Annual General Meeting.