

How can I become a member?

Anyone can become a HLTTV member. We especially encourage people post-transplant, people on the waiting list, their families and carers to join.

By joining you have access to:

- The *Second Chance Accommodation Program*
- Four newsletters a year (*The Circulator*) sent to your inbox or postbox
- Eligibility for our fitness grant
- Invites to all HLTTV events
- Welcome pack
- Member badge

Membership for individuals on the waiting list for transplant is free.

An annual donation of \$20 applies to all other categories of membership from 1 July after joining.

Any donations over \$2 are tax deductible.

To join, visit <http://www.hlttv.org.au/about-us/become-a-member> and complete the form or email membershipofficer@hlttv.org.au for further information about how to get involved.

How can I get involved?

You can get involved by:

- Becoming a member
- Volunteering your time and skills in one of our many volunteer roles
- Joining our committee
- Writing an article or sending photos and information about your transplant journey for *The Circulator* or our website
- Running a fundraising event
- Promoting the contribution the HLTTV makes within the transplant community
- Making a donation to the HLTTV – all donations over \$2 are tax-deductible.

Connect with the HLTTV Committee

Go to www.hlttv.org.au/about-us/committee to access our Committee contacts.

Contact the HLTTV

Web: www.hlttv.org.au

Facebook: www.facebook.com/hlttv

Postage: PO Box 25036, Melbourne VIC 3004

Email – General: secretary@hlttv.org.au

Email – Mem'ship: membershipofficer@hlttv.org.au



Heart & Lung Transplant Trust Victoria Inc.



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@HLTTV

Bringing The Alfred Hospital
transplant family together

The Heart and Lung Transplant Trust Victoria (HLTTV) is a 100% volunteer-based, not-for-profit organisation that supports organ recipients and their families and carers in the lead up to, during, and after a heart and/or lung transplant or Ventricular Assist Device (VAD) implantation at the Alfred Hospital in Melbourne.

Our vision is for a bright and active future for all those involved with, or in need of a heart or lung transplant.

We actively encourage organ donation and support The Alfred Hospital Melbourne, the Transplant Team, patients, recipients, their families and carers, throughout their journey.

The HLTTV is a group of volunteers who have direct connection to transplant at The Alfred, who provide peer-based support for people who have had heart and/or lung transplants and their families.

The HLTTV also works to identify the needs of the transplant community and the transplant services at The Alfred, and meet those needs through fundraising and practical assistance.

Your support means we can continue supporting the organ transplant community.

The financial help from the HLTTV after my husband's transplant made such a difference during our long stay in Melbourne.

Fiona

The HLTTV gave us so much support when my daughter had to go through a lung transplant. They couldn't have been more helpful.

Katherine

Second Chance Accommodation Program

This key HLTTV program provides subsidised accommodation* during the rehabilitation period immediately post-surgery for patients who live in regional and rural Victoria (more than 100km from Melbourne), or interstate.



Donations to The Alfred

The HLTTV periodically make donations to The Alfred Hospital to improve facilities for transplant patients. Examples of our assistance include: Treadmills and other equipment for the Transplant gyms and rehabilitation programs.



Fitness Grants

The HLTTV reimburses eligible post-transplant members 50% of receipted costs up to a \$150 maximum* to cover the cost of appropriate fitness activities and equipment (eg mats, dumbbells).



Emergency Financial Assistance

The HLTTV provides ad-hoc financial and other assistance, up to a max \$300*, to patients, families and their carers who may be in need of emergency help leading up to and post-surgery.



Heart to Heart Respite House (Barmah, Vic)

Pre and post heart and lung transplant patients and carers can rest, recuperate and recover in this fully self-contained house in a peaceful environment. Just bring clothes and food, your linen (if not hiring) and get set for a relaxing time. Available for up to six nights respite.



Information and support about transplants and organ donation

The HLTTV provide a range of resources on our website which detail information about heart and lung transplantation for patients and carers. There are online versions of our quarterly publication *'The Circulator'* and information from Donate Life regarding organ donation.



Peer support

Connecting with other transplant patients either leading up to or post-surgery is an important way to understand and navigate the challenges you will face on your journey. HLTTV can provide information, contact points and assistance for patients wishing to connect.



Social events for members of the heart and lung transplant community

The HLTTV hold a number of social events each year including Easter and Xmas BBQs in Fawkner Park adjacent The Alfred Hospital and a Gala Dinner which acts as a major fundraiser for the Trust. We can also assist members with regional events.

