



the Circulator

Heart and Lung Transplant Trust (Victoria) Inc A0037327C/ABN 68 585 966 022

Third Quarter | 2014 | Issue No. 77

Success for the Tour de Transplant



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President's Message

As we move in to the 3rd quarter of 2014 we can look back on the remarkable success of our fund raising efforts during this year. With the Tour de Transplant now concluded we are able to report staggering increase in the income of the HLTTV. The order of increase is in the region of about 10 fold from 2012/13 to 2013/14. There have been just so many members who have all contributed to this wonderful success: far too many to mention individually. The committee has been overwhelmed by the willingness of so many who have raised money in all manner of inventive ways, be it a wine tasting tour, cake stalls, raffles, auctions sales of cup cakes etc. etc. We are extremely grateful to all those generous members who have devoted time, money and effort to our cause. The Tour de Transplant was an amazing success both from a fund raising and an organising point of view. Jon Rolfe and his Second Chance Task Force put together an event that will be remembered by all for years to come. In a survey conducted after the event every participant stated how much that they enjoyed the event and how well organised and smoothly it all went. Most asked about where and when the next Tour de Transplant was to be held so that they could take part again!

I am delighted to report that from July 1st 2014 we have increased the numbers of units available for post-transplant patients and their carers during the mandatory out-patient recovery period from 3 units to 6. We believe that this will just about meet current demands. Park Regis Griffin Suites, St Kilda Road, remains our accommoda-

tion partner in The Second Chance Accommodation Program. It is important to note that the social work department at The Alfred is solely responsible for the placement of country Victorian and interstate patients and carers into our units.

Our secretary, Rebecca Berry, has resigned due to being unable to devote the time to the role and Belinda MacLeod – Smith has generously taken over this demanding role. In addition, David Maude, our treasurer, has indicated that he will be unable to continue in that role. If there is any willing person with a head for figures who would like to take on the role of treasurer we would love to hear from you at email: president@hlttv.org.au.

I wish you all my continuing best wishes for continued good health.

David Hayne

President of the Heart and Lung Transplant Trust (Victoria)
president@hlttv.org.au



**Donations to the
Heart and Lung
Transplant Trust (Victoria)
are fully tax deductible
and easy to do**

**Simply visit
givenow.com.au/hlttv
and follow the prompts.**

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Sun Nov 30th 11:30 a.m.



**Mark the date in your diaries
now and don't miss it!**

A note from the editor

We apologise for the late arrival of this edition of the Circulator. We have had a few hiccups in our efforts to get this edition to our readers. One of those has been the resignation of one of our editorial team, Belinda Macleod-Smith. We thank her profusely for the boundless energy and enthusiasm which she brought to her role as editor and which she will no doubt transfer to her new role as HLTTV secretary. We are happy to welcome aboard the new and improved Matthew Orchard (see p13) his addition to the editorial team will be invaluable. We welcome also Vanessa Scott our new membership officer. In this edition we take a look at the incredibly successful Tour de Transplant, our last special edition covered the specifics of the Tour so we leave the reader to enjoy a photo essay showcasing both the incredible effort our riders put in to the Tour and the fun that they had in so doing. Our vice president, Louisa Walsh, wraps up the Tour de Chat an important concurrent Tour de Transplant event which raised awareness of organ donation. Take note of the save the date for our Christmas BBQ, the next opportunity to socialise with others who are either waiting for or have had heart and or lung transplants.

Editor for Quarter 3:

Claire Stubber

Camille Condon

Matthew Orchard

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Treasurer Wanted

The committee of the Heart Lung Transplant Trust (Victoria) is looking for a treasurer to replace the outgoing David Maude.

This is a voluntary position.

We require someone with book keeping, accounting or financial experience. For more information and to apply for this position please contact HLTTV President David Hayne:

ph: 0418148919

email: president@hlttv.org.au

Address:

President

Heart and Lung Transplant Trust

(Victoria) Inc

PO Box 25036

Melbourne

HLTTV's valued program partner

Since May 2012, HLTTV have been thrilled to partner with the Park Regis Griffin Suites to provide affordable, accessible and practical accommodation for regional transplant recipients. Park Regis Griffin Suites have partnered with our Second Chance Accommodation Program to provide two, 1 bedroom apartments for the use of transplantation recipients. Situated between Melbourne's city centre and St Kilda Beach, the Park Regis Griffin Suites features include a range of different accommodation options, an onsite cafe/bar and a tram practically at the front door.

Park Regis Griffin Suites

Phone | (03) 8530 1800

Location | 604 St Kilda Road, Melbourne

Email | griffin@parkregishotels.com

Web | www.parkregisgriffinsuites.com.au

A great place to relax

Heart to Heart House Barmah Vic

Bookings & Information

Martina Appelman

Mobile 0409 957 492

Laraine Anderson

Tel 03 9770 7197

Mobile 0418 599 745



We highly recommend the Park Regis Griffin Suites, and the Stay-Well Hospitality Group. For those looking for accommodation close to The Alfred, make sure you check with the Park Regis for any available discount rates.



The Tour de Transplant in Pictures



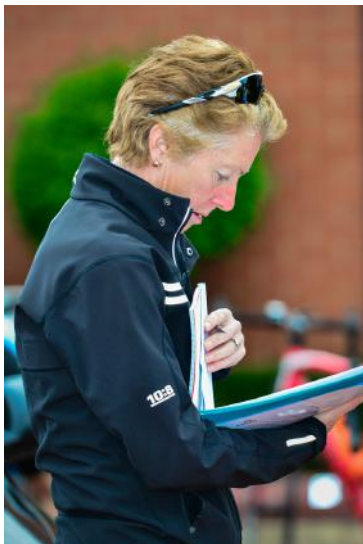
*SBS Cycling Commentator
Matt Keenan interviews key
participants at the Tour start
in Geelong*



*Matthew Orchard: an inspiration to
the riders as he saw them off two
weeks after his heart transplant*



*Trevor Williams: Head of the
Alfred's Lung Transplant Unit,
farewells the riders at the
start in Geelong*



*Anne Newall: rider coordinator,
counsellor and support vehicle
driver*



*Ballarat Ambassador Stephen Kinson (R) and
rider Leeroy Cohen (L)*



*Simon Renn: Double Lung
Transplant recipient and one of
the Tour's volunteer masseurs*



Tour riders, Matt Keenan, HLTTV volunteers and HLTTV President David Hayne gather at the start in Geelong



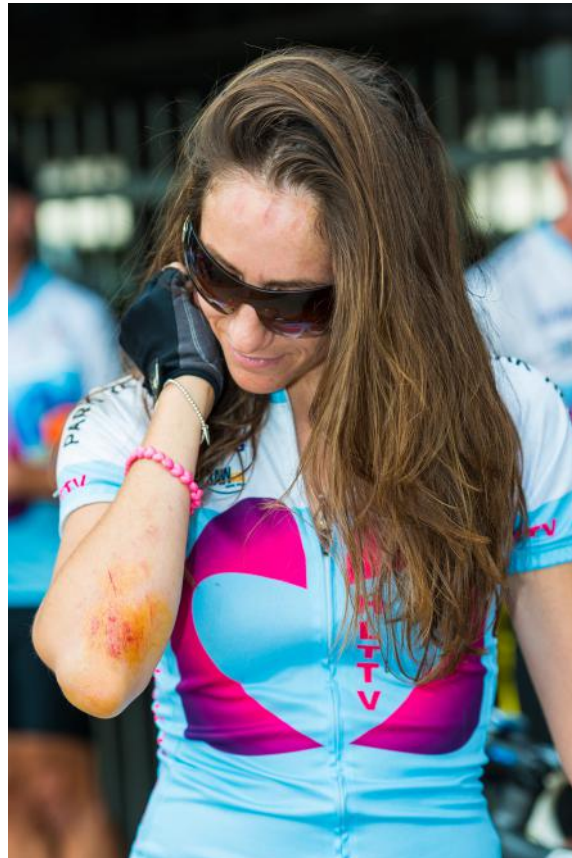
Phil Anderson: Cycling legend and Tour leader



Riders Paul and Harry Commins, Adam Dodd and Michael Ure relax in Angler's Rest after riding to Falls Creek



These boys rode with the tour from Creswick into Bendigo, the riders were impressed with their skill and stamina!



Kelina Attard: Lung Transplant clinic nurse, rider and only person to sustain an injury on Tour!



Riders (from L to R) Nigel Howard, Brian Patterson, Phil Anderson, James Ure and Chris Westwood



The Peleton in action: Ben Grieve-Johnson (R,Phil Anderson support staff) and Phil Anderson leading the group



Adam Dodd, breakfast time at La Trobe University Bendigo



Derek Claridge (R, Heart Transplant recipient) and Jamie Hobson (L,Heart Transplant Clinic nurse) stop for a breather



Jordy Wright (front), James Russell (middle) and Phil Anderson (back) ride through the fog in Falls Creek



Nick Kallinikios Monitors his progress

Tour de Chat Wrap-Up

The HLTTV were fortunate enough to secure funding through the Organ and Tissue Authority's Community Grants Program to run a series of organ and tissue donation education sessions alongside the Tour de Transplant. We called this event the Tour de Chat (no jokes about French cats please!) and it was a fantastic success.



Claire Stubber (centre back) with primary school students in Omeo

HLTTV members Claire, Martina, Maarit and Louisa presented 60-90 minute long education sessions to over 800 people across 22 schools and community groups. Local regional ambassadors were also instrumental in presenting education sessions to their local community groups and at the dinner events as part of the Tour de Transplant.



Martina Appelman (R) and Maarrit Moilannen (L) speaking to primary school students in Omeo

In total, the face to face organ and tissue donation and transplant education reached over 1400 people. The Tour de Chat also had great media coverage through local, and Victoria-wide, print, radio and television, with many local recipients and committee members getting to share their stories throughout rural and regional Victoria. The Tour de Chat also distributed heaps and heaps of DonateLife merchandise and information resources during the 9 days of the tour – including 1000 wa-



Louisa Walsh, Tour de Chat Coordinator delivering a speech at Nagle College

ter bottles, 800 caps, and more than 12,000 pieces of written information! Phew! The HLTTV must also thank the DonateLife

Donation Nurse Specialists

who supported and spoke at dinner events in Bendigo, Shepparton, Albury and Traralgon, and the Tour de Chat committee members in Melbourne who made it all happen and didn't get to go on the road – including David Hayne (our president) and Jillian Gange (who got suckered into helping us!).

It was a fabulous event, and raised a lot of awareness of organ and tissue donation in our rural and regional areas! Well done everyone!

- Louisa Walsh



Service of Remembrance

Saturday 31 May 2014 was a mild Autumn day and people began quietly gathering at RMIT's Storey Hall for the Remembrance Service.

The Service began with the beautiful music of Young Voices of Melbourne (directed by Mark O'Leary) singing Towards Infinity by Paul Jarman.

Ms Bernie Dwyer, National Training Coordinator for the Organ and Tissue Authority, was MC for the Service, a role which she undertook with warmth - no doubt helped by her involvement in Victoria over a 10 year period in roles of Organ Donor Coordinator and Clinical Manager.

As in other years a representative from the donation and transplantation sectors were invited to light the traditional candles and the choir sang Sister my Sister by Sue Johnson.

We were moved by the stories of two donor families. Simon told us about his beautiful young daughter who had donated her organs. Jan spoke about her loving husband Ken who became an eye donor.

The medical community was this year represented by Dr Helen Opdam, the Victorian Medical Director of Organ and Tissue Donation - DonateLife Victoria. Dr Opdam is Intensive Care Specialist at the Austin Hospital and Director of Intensive Care, Warringal Private Hospital. Dr Opdam told us why she chose to work in the transplantation area of medicine. It was then time to hear stories of thanks from two recipients. Jonathon Mitchell and Marg Beattie both suffered from Primary Sclerosing Cholangitis.

Jonathon was first diagnosed as a teenager. He managed to finish his secondary school, gain University degrees and had started work in the IT field. Un-

fortunately he had to leave because of illness. His transplant has allowed him to return to work.

On the other hand Marg, a retired teacher, was diagnosed at the age of 53. Her diagnoses was via an ordinary check up at the doctors. She had no symptoms of anything wrong but had to go on cholesterol tablets and to do so, the doctor did a liver function test and this was the first she knew that something was wrong with her liver. Since her transplant Marg has been a hard working volunteer with Transplant Australia and DonateLife Victoria. She has successfully participated in Transplant Games and has organised for DonateLife to be represented during DonateLife Week at University Open Days.

Following a minute of silence we saw photos of those who had donated or received the gift of donation. It was then time to take the opportunity to write our own message of memory or thanks on the card.

The tradition of cutting of the cakes - one by a donor family and one by a recipient reminds us that we are part of one journey. The choir sang Eternity by Michael Bojesen. We quietly placed our messages in the mini book of life folders, lighting our candles in remembrance and placed them in one of the sand bowls.

From the quietness before the Service and on leaving the auditorium, there was plenty of noise with the interaction over afternoon tea. I had the pleasure of meeting donor families. One family had been coming for many years to honour a daughter and another had come because his mother had recently been a donor.

I enjoyed catching up

with other transplant patients, including HLTTV members, and seeing how their journey is progressing.

Of course we need to acknowledge those who worked so hard to organise another befitting Service. On the 2014 Committee were Michelle Skinner, Donor Family Support Coordinator, Melissa Brouwer and Dana Pedersen from DonateLife, Susan Dickie, Donor Tissue Bank of Victoria, Prema Finn, Lions Eye Donation Service and Anne Shipp, Royal Children's Hospital. Thanks to Kelly who stepped in to organise the afternoon tea.

-Gaylynn Pinniger

Film Life

The FilmLife Short Film Festival was held recently for the third consecutive year.

Filmmaking workshops were held in Melbourne and Sydney. Young filmmakers from all over Australia

were invited to make a short film based on organ and tissue donation and transplantation, in keeping

with the official DonateLife Week 2014 theme 'Have the chat that saves lives. Discover, Decide, Discuss

Organ and Tissue Donation today'.

The festival culminated in the 2014 Screening Event which took place in May. The main screening was in

Sydney with satellite screening events held in Melbourne, and for the first time in Perth.

This films that were submitted this year were brilliant and are all available for viewing:

<http://www.filmlifeproject.org/watch-the-2014-winners/>

Organ and Tissue Donation Awareness: Lions Australia (previously Lions Clubs International)

During a conversation with a fellow gym member John Fawcett, I mentioned that I was a heart transplant recipient. This led to John telling me about his involvement through the Lions movement in promoting organ and tissue donation awareness over the years. Sadly, John passed away on 31 May 2014 (aged 93) and I am especially grateful to John Fife of

recordmystory.com.au who had kindly recorded John's story during last year. This is a just a brief account of the Lions involvement with assistance from Carol Brunialti.

Gaylynn Pinniger

John Fawcett's involvement began in 1988 when Lion Alex Brunialti from Bundoora Vic was waiting for a heart transplant. John asked why he had to wait so long when he was very unwell. Alex explained that you just have to wait until a suitable transplant is available and there was a scarcity of

available organs. John asked what could help improve the situation.

Alex and his wife Carol asked the Austin Hospital organ transplant co-ordinator Maxine Morand what she thought might help to increase the availability of organs. Maxine said that the Tasmanian Government had its own register and a similar register in Victoria seemed to be something worth pursuing. The Tasmanian Organ Donor Register was launched by the Ministers for Health and Transport, the District Governor (Tasmania) of Lions International and the President of the Tasmanian Branch of the Australian Medical Association on 18 June

1988. The pamphlet could be collected from

the Transport Office. The driver's wishes for a particular organ donation was printed on their driving licence.

Lions was raising money for a State Eye Bank. Alex's campaign was different – it was to bring the concept of organ donation to the attention of more people. Some publicity was gained through local media at the time. At the Box Hill Convention for the year 1989-90 'The Organ Donor Register' project motion submitted by the Rosanna Lions Club (Alex's Club which later became Heidelberg-Rosanna Lions) was unanimously carried. This was for a Victorian Register.

The Lions Club of Heidelberg-Rosanna submitted the project to the Victorian Council of Community Service Clubs for the 1990 awards and achieved second placing.

Through his roles as Zone Chairman, Region Chairman, District Chairman, District Governor and Past District Governor, and with the support of individual Lions Clubs around Australia taking the project on board, it was pleasing for John when the National Organ Donor Register proposal was carried at the 1990 Darwin Convention. John wanted to acknowledge many of those who had assisted and Alex Brunialti, Sil Anthony and Gordon Keech were just a few names he mentioned.

The Lions Club of Heidelberg-Rosanna had written to

the Victorian Minister for Health in December 1988 concerning the Organ Donor Register Project. In June 1989 a response from the Health Department advised that following the first comprehensive report on renal failure services in Victoria dealing with dialysis and transplantation issues, a portion of grants would go to the Transplantation Co-ordinators based at the Austin, Royal Melbourne and Prince Henry campuses for the initial development of a register in Victoria. A portion was also given to the Australian Kidney Foundation.

Meanwhile, Lions Clubs (with help from other groups such as Lioness Clubs), raised money so that Organ Donor Awareness Kits could be made available. The kit included donor cards, car bumper stickers, pamphlet holders and donor information pamphlets. Badges were sold. All Lions, Lioness and Leo Clubs got the kit and display boards were made available for display at all major hospitals, regional shopping centres and Lions, Leos and Lioness functions. Members of Parliament were invited to functions and speakers were available to pass on the message around Victoria.

When the Transplant Promotion Council was initiated, Lions were invited to join. The TPC was based at the Royal Melbourne Hospital and was made up of Health Department representatives and Transplant Co-ordinators. Rotary

Organ and Tissue Donation Awareness: Lions Australia (previously Lions Clubs International) (continued)

was also invited to join. John said that although there was a State Register, the Lions representatives were frustrated that there was resistance within the TPC to the introduction of a National Register. This appeared to be based on the opinion of an interstate medical person who was saying that it would not work. John was hearing from other sources that it was working in the UK and with help he was able to obtain information from the UK. The national register proposal finally gained support.

While attending a Lions International Conference being held in Montreal, John's chance meeting with a fellow Australian Lion who worked at the Federal Health

Department gave him the opportunity to mention that he was intending to write to the Health Minister about a National Organ Donor Register. The response from the Health Minister was favourable. An Organ Donor Register was set up (sponsored by the then Glaxo Pharmaceutical Company). The registration brochure was sponsored by Glaxo, Oracle, Hewlett Packard, AMS Australia and Ivanhoe Lions.

The message was:

- Give & Let Live
- Organ Donation
- The gift of life
- Decide to be an organ donor and tell your family

A National Organ Donor Awareness Day was introduced. Thanksgiving Services were held at various Church denominations in each capital city and people were encouraged to provide local clergy with an organ donor message to read on the same day.

Alan McLean was appointed Manager of TPC and was very successful in his efforts to promote organ and tissue donation through speaking to large gatherings and getting out the message through the mainstream media.

The Transplant Promotion



Council moved to be within the Health Department. In 2001 the Federal Government took over the role with Australians Donate – later to be renamed LifeGift and now DonateLife under the Australian Organ and Tissue Authority based in Canberra. The national register comes under the Australian Government Department of Human Services.

John, at the age of 93, was still passionate about promoting organ and tissue donation and had only retired from the position of Chairman Organ Donor Awareness Committee with Heidelberg-Warringal Lions in the past year. The

role has been taken on by a fellow Lion with a nursing background.

John Fawcett fondly remembered Alex Brunialti – a man who always had a smile on his face. In 1975 at the age 43, Alex was diagnosed with a heart condition - Idiopathic Cardiomyopathy. His condition deteriorated until in 1986 his enlarged heart meant his only chance was for a heart transplant. At that time heart transplants were only being done in Sydney and for people aged 50 and under. Luckily for Alex (who was going to be over 50),

consideration was starting to be given to patients who were thought to be suitable even though they were over the age of 50. Alex

was airlifted to Sydney to be assessed for the transplant waiting list but had to return to Melbourne to await the call. Alex was under the Austin Hospital Coronary Care Clinic.

Alex had his heart transplant at The Alfred in June 1994. The operation was performed by Dr Esmore.

Alex enjoyed his second chance travelling widely in Australia and overseas with Carol. Unfortunately after 4½ years post transplantation, Alex was diagnosed with cancer and sadly passed away in December 1999.

Carol Brunialti is an HLTTV member. Alex and Carol were

Organ and Tissue Donation Awareness:

Lions Australia (previously Lions Clubs International)



members of The Alfred Family Fund Committee (the forerunner to HLTTV) and were involved in fundraisers such as a garage sale on vacant land at The Alfred. Fundraising allowed the purchase of equipment such as respirators which meant some patients could live at home while awaiting transplantation. (A family friend of Alex and Carol donated the raffle barrel which is still used today).

Alex and Carol were also there to support those awaiting transplant.

On another note:

I discovered that some folk were still carrying an array of their old organ donor cards when I was a volunteer speaker at a seniors group. One lady was wearing a bracelet that had a compartment which contained a pull out list of organs that she had agreed to donate. The message about the need to sign up on the Australian Organ Donor Register and about discussing their donation decision with family and friends is still important.



Melbourne Marathon

This year the Heart and Lung Transplant Trust is entering a team in the Melbourne Marathon:

The event is taking place on Sunday 12 October and there are five distances to choose from:

- The Marathon 42.195 kms
- Half Marathon 21.2 kms
- Run 10 kms
- Run 5 kms
- Walk 3 kms

Last year over 34,000 people took part across the five events.

If you'd like to join in the fun this year, and do a little fundraising for the HLTTV, then just register on the Melbourne Marathon website nominating the distance that you would like to compete in.

<http://melbournemarathon.com.au/>

When you fill in the first page with your personal details, you will have the option to join a team.

- Choose Heart and Lung Transplant Trust (Victoria) Inc, and enter the password HLTTV.
- On the next page under Entry Status – choose the Team option.
- Further down the page in the Go Fundraise section – choose Another Charity Not Listed Here

HLTTV has a dedicated Melbourne Marathon fundraising page on our own GoFundraise Site. You can set up your own fundraising page here and ask your family and friends to support your efforts.

Hope you can join us!

<http://melbournemarathon2014.gofundraise.com.au/page/HLTTV>



Heart and Lung Transplant Trust (Victoria)

Our Vision, Mission & Values

Our Vision is for a bright and active future for all those involved with

or in need of a heart or lung transplant.

We actively encourage organ donation and support The Alfred Hospital Melbourne, the Transplant Team, patients, recipients, their families and carers throughout the journey.

Our Values

Hope | We provide a sense of confidence, belief and realism throughout the experience.

Leadership | We lead and promote a focus on caring, advocacy, support and community to those who share in the transplant journey.

Teamwork | We believe our success depends on how well we interact and communicate with others. We inform, network, collaborate and partner with all relevant stakeholders.

We have a bias towards action.

Trust | Our integrity is fundamental in all that we do and stand for. We act ethically and honestly

at all times. We do what we say.

Vitality | We approach our task with compassion, understanding, strength and joie de vivre.

Update on the Second Chance Accommodation Program

The Tour de Transplant was a massive success, and raised around \$250,000 for the HLTTV and the Second Chance Accommodation program. Such a huge event, with such generous community support from right around Victoria, has meant that the HLTTV is in an excellent position to grow and secure the future of our Accommodation Program.

Using the funds raised, the HLTTV will expand the number of rooms available at the Park Regis from 3 to 6. This will enable us to better meet the demands for accommodation for transplant recipients and their carers during their rehab period. The committee will also continue to work together with the transplant social workers to monitor demand for rooms, and will consider expanding the program further if required.

The HLTTV are also working with The Alfred Social Work Department to use some of the Second Chance Accommodation funds to support the creation of a social work assistant role for the transplant teams. As more and more transplants are being conducted each year, and as more and more patients become part of the Alfred Transplant Family, there is a real need for administrative support for the social workers, to free them up to do less paperwork and provide more client services. The HLTTV

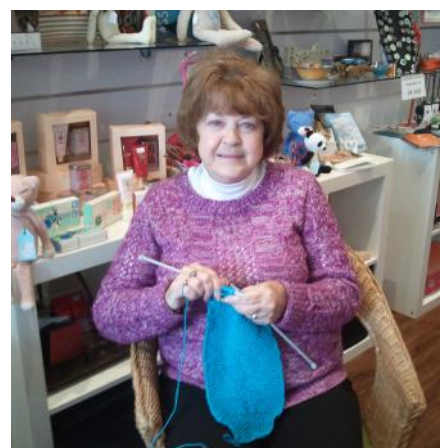
are currently working with the Social Work Department to develop a funding arrangement which would see the social work assistant also help with the administration of the Accommodation Program to ensure it runs smoothly. We'll keep you posted as the position develops!

Finally, we've had a big injection of funds through the Tour de Transplant that means we can keep the Accommodation Program going for now. However, at around \$10,000 per room, per year, we need to keep up the fundraising momentum to guarantee the life of the Program and allow us to expand as demand increases. If you have a fundraising idea and would like some help in making it a reality, or if you have fundraising experience and would like to volunteer with the HLTTV committee, we would love to hear from you!

Kathy Wright's Fundraising Knitting

Kathy Wright loves knitting and is raising funds for the Heart & Lung Transplant Trust through the selling of her socks and

World Wide Knit in Public Day enables knitters to come together and enjoy each other's company. As part of the City of Banyule's Winter Activities program Council organised for knitters to meet at a number of cafes in the municipality. Council provided the coffee and cake. Kathy joined the group at The Divine at Ya Ya's Tea Room in Macleod. Everyone was having such a good time that the Council representative asked whether there was enough interest for a knitters group to be formed and the answer was yes!



The Circulator editorial team is keen to review books, magazines and articles that may be of interest to the transplant community. We're also keen to promote the work of those who have embraced their 'second chance' at life to explore their creativity or pursue their dreams.

**Contact Camille and Claire by email | circulator@hlttv.org.au
Items for review can be posted | Editorial team C/O PO Box 25036, Melbourne, Vic, 3004.**

Clinic Update

Both the heart and lung transplant teams have had a busy first half of the year. At the May meeting, Kelina, our clinic rep, reported that there had been 34 lung transplants and 10 heart transplants in 2014, and our understanding is that the lung transplant number now sits above 40. All these second chances at life also mean busy clinics, and more difficulty changing your appointments.

To help clinics run smoothly, everyone is reminded:

- where possible, get all routine blood tests done in the week before you have clinic so the results are ready on the clinic day;
- where possible, keep your appointments as they are scheduled;
- if you realise you can't make a booked appointment, try to call the clinic well in advance if you need to reschedule; and
- if you need doctors letters for anything (travel etc) or prescriptions mailed out to you, give the clinic at least 3 or 4 business days to meet your request.

Finally, a reminder that everyone, including people pre-transplant and people who love, care for, and come into contact with, transplant recipients or those on the waiting list should have had their flu vaccinations by now. People who are post-transplant need to have two doses of the vaccine 4-6 weeks apart to reduce their risk of catching the flu this winter.

If you haven't been vaccinated it's still not too late – contact your clinic or your GP and arrange a fluvax today!

A note from the Lung Transplant Clinic:

Due to the recent significant increase in lung transplant activity we will no longer be able to provide scripts for medications between appointments. To assist in providing you with an efficient service please:

- Bring your medication list to each appointment
- Check what scripts you need prior to attending your appointment
- Use the Repeats

You can pick up a list of medications available only by hospital prescription at the Lung Transplant Clinic front desk (on level 5).

Other medications are either available with a prescription from your GP or are over the counter supplements.



Matthew Orchard Gets His Transplant!

We are delighted to announce that Matthew Orchard who was featured in Issue 75 of the *Circulator* received his heart transplant after 865 days of waiting. Matthew has finished his post-transplant rehabilitation course attending the gym and education sessions as required of all heart, lung and heart and lung transplant recipients. When the call came Matthew was a volunteer on the Tour de Transplant's Second Chance Task Force; he was helping with design and IT. Matthew followed the Tour

with interest from his hospital bed, even providing inspiration, for the Tour riders by appearing two weeks after transplant at Wesley College where the riders gathered before they were bussed to Geelong. Meeting Matthew before the tour gave the riders a sense of the hard yards a recipient must travel post-transplant. Matthew has progressed in leaps and bounds since that day, now out of the wheelchair he is finding lots of avenues for his new found love of photography giving back at events such as the recent Cystic Fibrosis Victoria annual conference, and as you may have noted agreeing to join the *Circulator's* editorial team.



Matthew on his last day of post-transplant rehabilitation on the exercise bike



Matthew enjoying his newfound hobby of photography

Transplant anniversaries - we wish you many more

April

Heart:

- Tony Allan 1994
- Bill Saunders 2010
- Bill Vickers 2003
- Les Doughty 2011

Lung/s

- Ian Francis 2010
- Gwen Ledwidge 2009
- Jeff Campbell 2008

Heart and Lungs:

- Jose Lopez 1990

May

Heart:

- David Cripps 2006
- Neal Pearson 2011
- Peter Slatter 1996
- Henry Smeets 1996
- Kevin Williams 2003
- Bruce Wood 2003

Lung/s:

- Antonio Ferraro 2008
- Doris Hogben 2010
- Tony Matteo 2004

June

Heart:

- Marc Bainbridge 2011
- Christine Liszczak 2008
- Maarit Moilanen 2010
- Richard Rowlands 1992
- Anne Poole 2011
- June Spooner 2004
- Laszio Toma 2006

Lung/s

- Shirley Hodgson 2008
- Jake Hunter 2013
- Malcom Knight 2009
- Nancy Scaringi 2009
- Elzbieta Slizankiewicz 2013

- Barb Maywald 2006

July

Heart:

- Vern Cox 1995
- Russell Freeman 2005
- Denis Glascott 1999
- Eric Holt 2011
- Bev Hume 2010
- Claude Turco 2007

Lung/s

- Carole Bloomer 2013
- Rachael Bradley 2009
- Allan Browne 2002
- Dale Constable 2013
- Tricia Martakis 2011
- Geoffrey Puddy 2004
- Kathryn Wright 2010
- Steven Wright 2011

Heart and Lungs:

- Brian Guy 2008

Donate now

I/We would like to make a donation to the Heart and Lung Transplant Trust (Victoria) Inc.

Name:

Address:

Postcode:

Donation: \$
(Donations over \$2.00 are tax deductible)

Please send to: Treasurer Heart & Lung Transplant Trust (Victoria) Inc
PO Box 25036, Melbourne, Vic, 3004

Please visit <http://www.hlttv.org.au/> and look under 'Quick Links' and choose one of the 'Donate Now' links.

Become a member now



Heart and Lung Transplant Trust (Victoria) Inc.

Membership Form

Name:

Partner's name (if applicable):

Address:

Postcode:

Telephone:

Mobile:

Email address:

Date of birth:

New member

I wish to become a member of the Trust

☐

OR

Existing member

I wish to renew my membership

☐

I wish to receive my copy of 'The Circulator' by email:

Yes

☐

No

☐

Recipient (Please complete information regarding Transplant Type, Operation, Month and Year – this allows us to celebrate transplant anniversaries if you consent below.)

Lung/s	Month	[]	Year	[]
Heart	Month	[]	Year	[]
Heart & Lung	Month	[]	Year	[]
Other (please specify)	Month	[]	Year	[]

Are you happy for this information to be included in 'The Circulator' newsletter 'Transplant Anniversaries' each year? Yes ☐ No ☐

OR

Pre-transplant (Waiting list)

OR

Carer/other/supporter (please specify)

Signature: **Date:**

Membership for Pre-transplant members is free. An annual fee of \$15 applies to all other category of member. A membership reminder will be included with the Winter edition of The Circulator each year. Prompt payment on receipt of a membership invoice is appreciated and we are grateful for any donations. Donations over \$2 are tax deductible.

Please return this form to:

Membership Officer, Heart and Lung Transplant Trust (Victoria) Inc.

PO Box 25036

Melbourne Victoria 3004

Members may also join online and pay membership and donation via direct bank transfer.

Please visit <http://www.hlttp.org.au> and follow the 'Membership' links.



Transplants transform lives! Lto R: Derek Claridge (heart transplant) Rebecca Berry (double lung transplant) and Michael Johnston (double lung transplant) all riders at the Fawkner Park Easter BBQ on the last day of the tour.



The Homicide Cycling Squad escorting the Tour de Transplant Riders in to Fawkner Park for the Final day.



L to R: Jon Rolfe (Lung Transplant recipient and Second Chance Accommodation Project Chairman), Phil Anderson, Victoria Police Deputy Commissioner Tim Cartwright, Senator Bridget McKenzie and HLTTV President David Hayne welcome the returning Tour de Transplant riders.

Memberships due for 2014/15

Memberships are due at the start of each financial year. Membership fees are \$15 per year, or free for people who are waiting for transplant. It's with the support of members that the HLTTV can do the work that we do for the transplant community.

If you have been a pre-transplant member in the past, and have had your transplant in the past year, please contact us so we can update our records.