



the Circulator

Heart and Lung Transplant Trust (Victoria) Inc A0037327C/ABN 68 585 966 022

Third Quarter | 2017 | Issue No. 89

Donate Life

Make your decision count.

Register today.
donatelife.gov.au

Patricia, Kidney and pancreas recipient.

facebook.com/DonateLifeAustralia

[@DonateLifeToday](https://twitter.com/DonateLifeToday)

[@DonateLifeToday](https://www.instagram.com/DonateLifeToday)

[@DonateLifeToday](https://www.snapchat.com/add/DonateLifeToday)

DonateLife Week 2017
Sunday 30 July – Sunday 6 August

SUPPORTER KIT

Contents

President's Message	2	Accommodation	7	DonateLife Week 2017	12
A note from the editor	3	Buddy Program Update	7	World Transplant Winter Games 2018	15
5th Floor Relocation Project Update	4	DonateLife Service of Remembrance 2017	8		
Congratulations Gerry!	6	Transplant Anniversaries	11		
Second Chance					



President's Message

Hello to all our members, supporters and friends, and I hope you're keeping warm and well through the winter so far.

Winter often means hibernation, and it's been a bit of a quieter time at the HLTTV over the last few months as we prepare to move into the second half of the year.

In the last Circulator report I mentioned that the 5th floor lung transplant outpatient clinic was relocating, and that the HLTTV were hoping to be involved in the consumer consultation around that move. I'm happy to inform our members that meetings have started, and both myself and Camille (our VP) are involved in the consultation process. There are also other lung transplant recipients on the consultation committee, and we have been told that there will be further opportunities in the future for wider consultation with the community. We'll keep you all posted via our communication channels on how the consultation and decisions progress over the course of the planning and the move.

I also gave a little reminder about memberships in my last report, and now the 1st of July has passed all memberships are now due. HLTTV membership is still only \$15 per year (and free for people on the waiting list for transplant) and we rely on the support of our members to keep our organisation going. So please, if you are reading this and you haven't renewed (or haven't joined!) jump online or fill out the form inside and make sure you stay a member for the 2017/18 financial year. One great reason to become a member is that the second half of

the year is looking like being an absolute ripper for the HLTTV. We have our Christmas BBQ coming up at the end of November (as usual), but we also have two events in October – our Melbourne Marathon team is walking/running again and we're also excited to announce a save the date for our dinner dance on October 21! Details of all our events can be found in this newsletter, and we hope you'll join us at one – or all – of them.

Finally, I wanted to announce that we have taken the decision as a committee to not run the Tour de Transplant in 2018. This decision has come about after a great deal of discussion, but we reached it because of the toll such a huge event puts on the key organisers – Jon Rolfe, Gerry Hanily, and Martina McArdle – and the wider committee. As you can imagine a huge event like the Tour requires months and months of planning, and for a small group of volunteers it is exceptionally difficult. However, due to the success of the 2014 and 2016 Tours, the Second Chance Accommodation Program is secure for the foreseeable future, and we are rethinking our fundraising strategy as a group to reduce the load but still produce the results of great services and programs for the transplant community. As always, if you have any great ideas for fundraising, would like to volunteer with us, or would like to become a committee member, please drop me a line and we can have a chat!

I hope you enjoy our Winter edition of The Circulator, and will save the date for a few of our upcoming events!

Louisa

Committee Contacts

President: Louisa Walsh
Email: president@hlttv.org.au
0427 509 042

Vice President: Camille Condon
Email: vicepresident@hlttv.org.au
0404 084 625

Secretary: Emily Adamson
Email: secretary@hlttv.org.au

Treasurer: David Pidgeon
Email: treasurer@hlttv.org.au
0421 134 805

Membership Officer: Vanessa Scott
Email: membershipofficer@hlttv.org.au 0417 384 974

Patient Support Officer: Carla Bondini
Email: patientsupport@hlttv.org.au

Events Officer: Brandon-Lee Rocco
Email: events@hlttv.org.au

Circulator Editor: Claire Stubber
Email: circulator@hlttv.org.au

Ordinary Member: Martina McArdle
Email: martina@hlttv.org.au
0409 957 492

Postal Address
Heart and Lung Transplant
Trust Victoria
PO Box 25036
Melbourne 3004

A note from the editor

Hello Reader,

I hope you are managing to endure winter with as little disruption from the season's illnesses. In this edition we look at what you can do to promote DonateLife week, this year it runs from Sunday the 30th of July to Sunday the 6th of August. Everyone reading this newsletter has experienced, either directly or indirectly, the life-changing benefits of organ transplantation. We have published the medal

tally from the World Transplant Games held in Malaga, Spain over the end of June and beginning of July. Australia has managed a commendable medal tally and placing. The games are a tribute to the transformative power of organ transplantation. If you are inspired by this success to join in you'll find the article about the World Transplant Winter Games in 2018 on page 15. A valid excuse for a snowy break in beautiful Switzerland! For sporting events closer to home the Melbourne Marathon Festival is coming up in October, see page

6.

We have updates on two of the programs offered by the Heart Lung Transplant Trust (of) Victoria, the Buddy Program that seeks to pair a newly listed candidate with a recipient and the Second Chance Accommodation Program which provides subsidised accommodation for those recipients who must be in Melbourne for rehab but who usually reside in rural, regional and interstate locations.

Happy reading!

Claire - Circulator Editor

Donations to the Heart and Lung Transplant Trust (Victoria) are fully tax deductible and easy to do using www.givenow.com.au. Simply visit <http://givenow.com.au/hlttv> and follow the prompts.



A great place to relax

Heart to Heart House Barmah Vic

Bookings & Information

Martina McArdle
Mobile 0409 957 492

Laraine Anderson
Tel 03 9770 7197
Mobile 0418 599 745



HLTTV's valued program partner

Since May 2012, HLTTV have been thrilled to partner with the Park Regis Griffin Suites to provide affordable, accessible and practical accommodation for regional transplant recipients. Park Regis Griffin Suites have partnered with our Second Chance Accommodation Program to provide six, 1 bedroom apartments for the use of transplantation recipients. Situated between Melbourne's city centre and St Kilda Beach, the Park Regis Griffin Suites features include a range of different accommodation options, an onsite cafe/bar and a tram practically at the front door.

Park Regis Griffin Suites
Phone | (03) 8530 1800
Location | 604 St Kilda Road,
Melbourne
Email | griffin@parkregishotels.com
Web | www.parkregisgriffinsuites.com.au

We highly recommend the Park Regis Griffin Suites, and the Stay- Well Hospitality Group. For those looking for accommodation close to The Alfred, make sure you check with the Park Regis for any available discount rates.



5th Floor Relocation Project Update

5th Floor Update

The 5th floor relocation project is designed to expand the capacity of inpatient care in response to growing demand. A new ward, 5 West, will be created on the 5th floor where the respiratory clinic and sleep laboratory are currently located. The proposal as it currently stands is for clinical services, research areas and offices to be relocated to the second floor and for a new purpose-built area to be constructed on the ground floor for the sleep laboratory. Under the current proposal the design is slated to improve separation of patients with differing infection risks. An update, via newsletter in June, announced that architects for the project had been chosen and that the timeline had been revised. The Patient Reference Group has been established, 10 diverse respiratory patients were chosen for the group, they are scheduled to meet in July to review the initial designs.

Patient Reference Group
Peter Prosser Jane Fletcher
Helen Lester Camille Condon
Alex Parker Sharon Vladusic
Samantha Durrant Wendy Jenkins

Anthony Steele Peter Willcocks

A CF Advisory Group will also be consulted for guidance on the project. The project committee has advised that online roadshows will be held in the next couple of months so that everyone in the patient community has the opportunity to comment on the design. They also report that clinical staff are continuing to work closely with the architects, ensuring that functional and clinical requirements are appropriately and accurately reflected in design.

The committee have established several design principles based on the priorities identified by staff and patients earlier in the year. These design principles were reviewed by the Patient Reference Committee and the Cystic Fibrosis Advisory Group. These are the design principles set out for the 5th Floor

- Physical environment is comfortable and accessible, with easy access to the facilities, improved seating, natural light
- Improve cleanliness and infection prevention, improved access and to clean materials
- Enhance patient flow and proximity to services, e.g. lung function, pathology
- Maintain access to the highly skilled professional staff

Contact and Updates:



Website:

alfredhealth.org.au/consult5floor



Read the regular editions of 5th Floor news (online and at reception and waiting areas on 5th Floor)



Email your questions and comments to:
patientfeedback5floor@alfred.org.au



Timeline

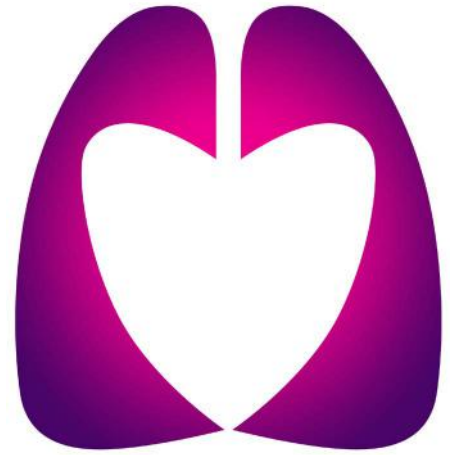
Relocation Project:

- Waiting areas designed for patients-access to oxygen, visible, zoned
- Patients receive timely care, with minimal patient waits and coordinated care

The Circulator editorial team is keen to review books, magazines and articles that may be of interest to the transplant community. We're also keen to promote the work of those who have embraced their 'second chance' at life to explore their creativity or pursue their dreams.

Contact Claire by email | claire@hlttv.org.au

Items for review can be posted | Editorial team C/O PO Box 25036, Melbourne, Vic, 3004.



Heart and Lung Transplant Trust (Victoria)

Our Vision, Mission & Values

Our Vision is for a bright and active future for all those involved with or in need of a heart or lung transplant.

We actively encourage organ donation and support The Alfred Hospital Melbourne, the Transplant Team, patients, recipients, their families and carers throughout the journey.

Our Values

Hope | We provide a sense of confidence, belief and realism throughout the experience.

Leadership | We lead and promote a focus on caring, advocacy, support and community to those who share in the transplant journey.

Teamwork | We believe our success depends on how well we interact and communicate with others. We inform, network, collaborate and partner with all relevant stakeholders.

We have a bias towards action.

Trust | Our integrity is fundamental in all that we do and stand for. We act ethically and honestly

at all times. We do what we say.

Vitality | We approach our task with compassion, understanding, strength and joie de vivre.



Are you involved in a business which could provide discounts on goods or services for HLT-TV members? We're looking to increase benefits for our members and we'd love to hear from businesses that would like to get involved with the work we do either through providing discounts or supporting us in other ways.

Email our President, Louisa, via:
president@hlttv.org.au
to find out more!

Buddy Program

We are looking for people post-transplant to volunteer for our new buddy program! People who are waitlisted for transplant will be given the option to take part in the program and be matched with a volunteer 'buddy'. This initiative aims to assist those pre-transplant with answering any questions or concerns they may have around the transplant process, and to provide moral support by sharing your own experiences.

If you'd like to become a buddy, please contact Carla at patientsupport@hlttv.org.au.

Congratulations Gerry!

The HLTTV is delighted to extend a warm congratulations to Gerry Hanily. On June 12th 2017 Gerry was awarded the Order of Australia Medal in the Queen's Birthday Honours.

Gerry received this award for services to charity and business, he is former chairman of the Starlight Children's Foundation Victorian Advisory Board, an active member of his local St. Vincent de Paul Society, and has been part of the HLTTV and the Tour de Transplant for the past 4 years.

Congratulations Gerry! We are lucky to have you on the HLTTV team!

On Your Marks!



This year's Medibank Melbourne Marathon Festival will be held on Sunday 15th of October. Once again this year HLTTV will field a team. Competitors on the HLTTV team will be raising money for the HLTTV whether they are serious competitors or entering to have fun. Those who choose the 42.9km Marathon will circle around Albert Park Lake, Flinders Street Station, and pass the St Kilda beach foreshore before crossing the finish line at the MCG. Half marathon runners will run a slightly different route for their 21.1 kilometres, completing the lake loop and finishing with a lap inside the MCG. Those who choose the 10km run will pass by numerous iconic landmarks such as Flinders Street Station, the Shrine of Remembrance and the Royal Botanic Gardens. The shorter 5.7km run starts on Batman Avenue and loops around the Yarra River before finishing inside the MCG. The smallest distance, the 3 kilometre walk event, starts on Batman Avenue, meanders around small loops at Birrarung Marr and Jolimont Avenue before finishing at the MCG. Details for HLTTV team entry will be posted on the Facebook page and the HLTTV website.



Second Chance Accommodation Program – 2016/17 Snapshot

The Second Chance Accommodation Program at The Park Regis Griffin Suites have provided local accommodation to 35 transplant patients (and their carers) between July 2016 and June 2017. Of the 35 patients accommodated, 32 had received a lung transplant and 3 had received a heart transplant. From June 2016 to October 2016 (four months) the HLTTV funded 6 rooms at the Park Regis. The HLTTV was able to increase number of rooms to 7 rooms in November 2016 due to a generous grant from the Care from Caity Appeal.

As there were 6 HLTTV rooms funded for 4 out of 12 months (123 out of 365 days) and 7 rooms funded for 8 out of 12 months (242 out of 365 days), there was a total of 2432 HLTTV room days available over the 12 month period. Of these 2432 available days, the HLTTV rooms were full for 2248 days and vacant for 184 days. Therefore, each room was occupied for an average of 334 of 365 days (92%) of the year and vacant for an average of 31 of 365 days (8%) of the year.

Heart transplant patients were accommodated for 225 of the 2248 days (10%), while lung transplant patients were accommodated for 2023 of the 2248 total days (90%). The HLTTV is proud to continue to provide this valuable service, and we are committing to 7 rooms as a minimum going forward over the 2017/18 financial year. If you have any questions about the Second Chance Accommodation Program, please contact Louisa Walsh (HLTTV President) or

Megan O'Leary (Lung Transplant Social Work Assistant) for more information.

HLTTV Committee Meeting

Date: Tuesday 8th August

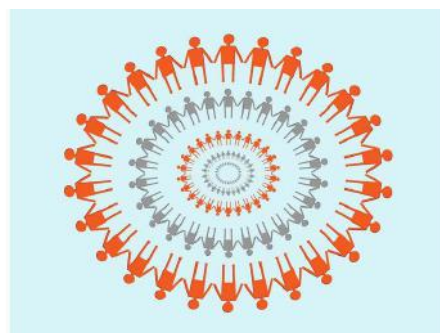
Time: 7:30 pm

Place: Seminar room, level 5, Centre Block.



You can also join members of the committee for an informal get-together at 7pm in Alf's cafe. All welcome!

Buddy Program Update



It has now been just over six months since the buddy program started being offered to newly waitlisted patients at the Alfred. Thank you all for your continuing support and willingness to be involved in this initiative.

The transplant coordinators are offering the program to people who are new to the transplant waitlist on an individual basis. It is up to that person to contact their 'buddy' in their own time, giving them the option to connect with someone if and when they are ready to do so in their journey.

The HLTTV and the transplant coordinators are incredibly thankful to have such a large group of people willing to support others in the transplant community. Please contact Carla, our patient support officer, if you have any further questions at patientsupport@hlttv.org.au.

DonateLife Service of Remembrance 2017

Sunday 28 May 2017 Collingwood Town Hall

A change of day and venue (and the weather prediction even mentioned possible hail) – would as many people come along. Well the crowd was certainly there to hear the most moving stories from donor families and the inspirational stories from recipients.

The donor families were honoured by hearing from Ms Mel Neil speaking on behalf of her sister and Ms Vivienne Linnane on behalf of her husband and son.

The stories of thanks from recipients and their families were told by Ms Matilda Zupan a corneal recipient and Ms Alexandra Dooley on behalf of her

baby daughter, a liver transplant recipient.

Dr Rohit D'Costa, State Medical Director of DonateLife Victoria, based out of the Royal Melbourne Hospital, represented the medical

and medical consultant.

Following the photographic tribute to acknowledge the people who donated organs and tissue and people who received the gift of donation, everyone was invited

to hang their tags containing a story, message of thanks or special memory on one of the silver tribute trees.

The Music was again provided by 'Beyond the Bathroom'.

Thanks must go to Master of Ceremonies Ms Bernie Dwyer, National Training Coordinator for the Organ and Tissue Authority, the planning committee from DonateLife Michelle Skinner, Phoebe Storey, Adam Duke and Prema Finn from Lions Eye Donation Service.

I enjoyed catching up with HLTTV members, some of whom were attending for the first time. Adam Duke kindly took a photo of a few of us (after we had enjoyed the afternoon tea!)



community. Dr D'Costa has been in the donation sector for 8 years as a medical donation specialist

Gaylynn Pinniger
Heart Recipient

2017/18 membership fees are now due

Our annual membership is \$15, and is due at the start of each financial year. Your membership fees can be paid by either direct debit, Paypal or cheque. Donations are also welcome and are tax deductible.

If you'd like to pay your membership via direct debit, here are the details:

Account name: Heart Lung Transplant Trust Victoria

Acc number: 415147

BSB: 033002

Please include your surname in the payment description so we can track it back to you.

If you prefer to send us a cheque, just mail it to:

Membership Officer

Heart Lung Transplant Trust
(Victoria) Inc

PO Box 25036

Melbourne 3004

If you believe that our records are incorrect, or you have any questions, please contact me via my contact details as above. Please let us know your new email address.

If you no longer wish to be a member of the Trust, please let us know so we can update our records.

Blue Sky Bran Muffins



Preheat oven to 200°C Lightly cooking spray
1 ½ cup buttermilk
1 large egg
⅓ cup canola oil
¼ cup dark brown sugar
1 cup blueberries, fresh or frozen
1 teaspoon vanilla extract
1 cup wheat bran
1 cup all-purpose flour
1 teaspoon baking powder
1 teaspoon baking soda
¼ teaspoon table salt

Grease a 12-cupmuffin tin.

In a medium bowl, whisk together buttermilk, egg, oil, dark brown sugar, and vanilla extract until well combined. Set aside.

In a large bowl, whisk together wheat bran, flour, baking powder, baking soda, and salt until combined.

Pour reserved buttermilk mixture into bowl with dry ingredients. With a spatula, quickly mix until just combined.

Add blueberries to batter and mix until just combined.

Using a ¼ cup measure, pour batter into greased muffin pan.

Bake at 200°C until edges of muffins are golden brown and the interior reaches 88°C on an instant read thermometer, about 16 to 18 minutes.

Remove from oven and let cool on a wire rack in tin for 20 minutes.

Remove muffins and let cool.

Store leftover muffins in an airtight container for up to 3 days.

From MakeBetterFood.com. Jul 23, 2014. (<http://makebetterfood.com/recipes/blue-sky-bran-muffins/>). Adapted from Smitten Kitchen

5th Floor Changes



Patients who attend the lung transplant clinic on the 5th floor may have heard by now of the changes that are occurring due to the 5th floor relocation project. The Alfred Hospital has produced a series of PDF brochures that update patients on the progress of this project. Copies of these PDFs can be found at:

<https://www.alfredhealth.org.au/about/patients-come-first/consult5floor>

New HLTTV lapel badges and membership information



HLTTV have new lapel badges! Purchase yours now for \$5.

New members will also receive a lapel badge in their Welcome Kit.

Remember - your membership fees help us continue the good work that HLTTV does for people waiting or who have had a heart and/or lung transplant.

Become a member now



Heart and Lung Transplant Trust (Victoria) Inc.

Membership Form

Name:

Partner's name (if applicable):

Address:

Postcode:

Telephone:

Mobile:

Email address:

Date of birth:

New member

I wish to become a member of the Trust

OR

Existing member

I wish to renew my membership

I wish to receive my copy of 'The Circulator' by email:

Yes

☐

No

☐

Recipient (Please complete information regarding Transplant Type, Operation, Month and Year – this allows us to celebrate transplant anniversaries if you consent below.)

Lung/s	Month	[]	Year	[]
Heart	Month	[]	Year	[]
Heart & Lung	Month	[]	Year	[]
Other (please specify)	Month	[]	Year	[]

Are you happy for this information to be included in 'The Circulator' newsletter 'Transplant Anniversaries' each year? Yes ☐ No ☐

OR

Pre-transplant (Waiting list)

OR

Carer/other/supporter (please specify)

Signature: **Date:**

Membership for Pre-transplant members is free. An annual fee of \$15 applies to all other category of member. A membership reminder will be included with the Winter edition of The Circulator each year. Prompt payment on receipt of a membership invoice is appreciated and we are grateful for any donations. Donations over \$2 are tax deductible.

Please return this form to:

Membership Officer, Heart and Lung Transplant Trust (Victoria) Inc.
PO Box 25036
Melbourne Victoria 3004

Members may also join online and pay membership and donation via direct bank transfer. Please visit <http://www.hlttv.org.au> and follow the 'Membership' links.

Transplant Anniversaries - We Wish You Many More

August

Heart:

- Ian Ashby, 1997
- Domenico de Maria, 2014
- Neville Eyre, 2002
- Darren Moyle, 2010
- Thomas O'Driscoll, 2012
- Demir Terziu, 2008

Lung/s:

- Geoff Bock, 2015
- Stephen Kinson, 2012
- Phillip Laffan, 2015
- Nicci Le Lant, 2012
- John Mills, 2008
- Sivaraman Sivapiragasam, 2011

September

Heart:

- Colin Goodman, 2016
- Lloyd Honeycombe, 2000
- Monty Kleiman, 1993
- Greg Maroney, 2014

- John McLean, 1991
- Sammi Tabone, 2009

Lung/s:

- Shirley Aisbett, 2008
- Rebecca Berry, 2012
- Gillian Fleming, 2012
- Angus Harrison, 2015
- Gloria Lancione, 2015
- Martina McArdle, 2009
- Flynn O'Malley, 2015
- Hassell Rutland, 2009
- Daryl Walker, 2016
- Louisa Walsh, 2010

October

Heart:

- John Campbell, 2008
- Phillip Felman, 2005
- David Finlayson, 2015
- Robin Oliver, 2000
- Jeffrey Priest, 2008
- Libero Viola, 1992
- Janet Williamson, 2009

Lung/s:

- Margaret Banks, 2015
- Kristan Braun, 2015
- Bill Carkett, 2002
- Carol Huxley, 2012
- Janet Johnson, 2011
- Agnes Russell, 2014
- Valerie Shentzer, 2011
- Andrew Weybury, 2015

Please Note: If you or your loved one has had an attribution made in error or you no longer wish for the anniversary to appear in *the Circulator* please notify the membership officer at:

membershipofficer@hlttv.org.au

If you have sent notice to any other address within the past year please send a reminder email to the membership officer.

Donate now

I/We would like to make a donation to the Heart and Lung Transplant Trust (Victoria) Inc.

Name: _____

Address: _____

Postcode: _____

Donation: \$ _____

(Donations over \$2.00 are tax deductible)

Please send to: Treasurer Heart & Lung Transplant Trust (Victoria) Inc

PO Box 25036, Melbourne, Vic, 3004

Please visit <http://www.hlttv.org.au/> and look under 'Quick Links' and choose one of the 'Donate Now' links.

DonateLife Week 2017

DonateLife Week is Australia's national awareness week dedicated to promoting organ and tissue donation and is led by the Organ and Tissue Authority (OTA) in partnership with DonateLife agencies in every state and territory and other key stakeholders.

DonateLife Week is a key part of the Australian Government's national reform program to increase organ and tissue donation and transplantation outcomes in Australia.

Why is organ and tissue donation important?

One organ and tissue donor can save the lives of up to 10 people and transform the lives of many more. With around 1,400 Australians waiting for a life-saving transplant, and a further 12,000 people on dialysis, the generous act of organ and tissue donation has a far reaching effect on the lives of both transplant recipients and their families. For those waiting for an organ and tissue donation, it can mean the difference between life and death, being healthy and well, or between seeing and not seeing their loved ones, or between being able to walk again. It ends

resume an active life in their family, their workplace, their school and their community.

Why is it important to join the Australian Organ Donor Register?

Registration of donation decisions
has a direct influence on our do-

34% of those aged 16 years+ have joined the Donor Register.

To optimise every opportunity to save lives, we are calling on Australians to join the Australian Organ Donor Register (AODR) and to discuss their donation decision with loved ones.

DonateLife Week is a great time for all Australians to discover the facts about organ and tissue donation, register on the AODR, and share their donation decision with family and friends. It's also important that you ask and know their donation decision.

Our message is simple: Make your donation decision count. Register today to save lives at donatelife.gov.au #makeitcount #donatelife

**Promote DonateLife
Week in your
community**

Every community event or activity provides an opportunity to encourage people to make their decision count by registering to

become an organ and tissue donor. A range of factsheets, videos and other resources are available on the DonateLife website to support you in promoting this important issue.

Here are some ideas to help you promote DonateLife Week:

- Organise a community event or registration drive by having

Make your decision count.

Join the Australian
Organ Donor
Register today.

donatelifelife.gov.au

Leah's mum, Chris, gave three people a second chance at life as an organ donor. "Mum was a kind, generous, giving person so it was only natural that she became a donor."



#makeitcount
#donatelifelife



Australian Government
Organ and Tissue Authority



donate life

[f/DonateLifeAustralia](#) [@DonateLifeToday](#) [@DonateLifeToday](#) [@DonateLifeToday](#)

nation rates.

Nine in ten families agree to donation proceeding when the deceased is a registered organ donor. This drops to just five in ten families when the deceased is not registered and the family has no prior knowledge of their loved one's wishes.

While 81% of Australians believe that registration is important, only

DonateLife Week 2017

an information stall in your local shopping centre or other major community hubs in your area

- Add a DonateLife banner to your Twitter or Facebook page and encourage your friends and followers to register their donation decision. Remember to include a link to donatelifeweek.gov.au.

- Encourage people in your community to use and display DonateLife materials and registration brochures (schools, sporting groups, universities, libraries etc.), as well as on their own websites and social media.

- Encourage local libraries and councils to promote their support for DonateLife Week and provide them with links to DonateLife Week materials that they can download.

- Use the DonateLife Week 2017 resources at public or professional activities that you have planned.

- Share information about your religion's or culture's position in support of organ and tissue donation donatelifeweek.gov.au/for-the-community/multicultural-resources

- Call your state DonateLife agency and request a speaker to talk about the importance of registration and family discussion with your community group.

- Let us know what you are doing – fill in a donate life Week event form and email it to enquiries@donatelifeweek.gov.au for promotion on the DonateLife website and social media pages.

Below are some tips and tools to help get you started:

Generate publicity

You can help raise awareness of DonateLife Week in your community:

- Ring your local radio station to talk about why joining the national register is so important and how people can sign up online today.

- Write a letter to the editor of your local paper encouraging your community to register their donation decision online today and to discuss their wishes with their family and friends.

- Write an opinion piece for your local newspaper or newsletter on the importance of making your decision count by registering on

the AODR. Be sure to include the importance of family discussion of donation decisions.

- Post a blog about how you've made it count by supporting organ and tissue donation and registering your decision.

- Contact your local newspaper to organise a photo opportunity to promote one of your DonateLife Week activities.

Visit donatelifeweek.gov.au to find out what's happening in your area or contact your local DonateLife Agency.

World Transplant Games 2017

The World Transplant Summer Games were held in Malaga, Spain from the 25th of June to the 2nd of July this year. These games celebrate successful organ transplantation and the gift of life. Australia had a successful outing at the Summer Games this year coming 6th overall with a total of 71 medals(see table for medal tally). 2,200 athletes from 60 member countries participated in the Games.

Position	Country	Gold	Silver	Bronze	Total
1	GREAT BRITAIN AND NORTHERN IRELAND	166	90	104	360
2	UNITED STATES	45	52	47	144
3	SOUTH AFRICA	35	23	18	76
4	GERMANY	30	30	22	82
5	SPAIN	29	15	14	58
6	AUSTRALIA	27	28	18	73
7	CANADA	19	15	21	55
8	FRANCE	19	11	27	57
9	HUNGARY	18	23	35	76
10	ARGENTINA	17	23	24	64

Top 10 Table World Transplant Games 2017

SAVE THE DATE



SUNDAY

26th November 2017

11:30am at Fawkner Park

More details to come



Heart and Lung Transplant
Trust (Vic) Inc
Bringing the Alfred transplant family together
www.hlttv.org.au

World Transplant Winter Games 2018

On the 4th of May 2017 the President of the World Transplant Games Federation (WTGF), Mr. Chris Thomas, announced that the Winter World Transplant Games would be back on the WTGF calendar in 2018.

The Council of the WTGF, at its council meeting on 25 April, unanimously endorsed Anzère, Switzerland, as the host of the 11th Winter World Transplant Games.

The winter games have regularly been held in the intervening year of the Summer World Transplant Games, however they did not take place in 2016.

Mr. Thomas congratulated the bidders from Anzère and Swisstransplant, the National Swiss Foundation

for Organ Donation and Transplantation and expressed overwhelming confidence in their ability to deliver the games early in 2018. The dates have been set for 7-12 January 2018, with the possibility for competitors and accompanying persons to optionally extend their stay in the Swiss Alps from 6-13 January 2018 at no extra cost.

“The overall mission of the World Transplant Games Federation is to get transplant recipients from across the world active and

healthy around their transplanted organ. We need recipients to remain as fit and active as possible. The Winter World Transplant Games is an important event in our calendar and provides another goal for recipients to work towards,” Mr. Thomas said.

“We were pleased to have had interest from two countries to host these games next year. Having already hosted the winter games

Liz Schick, WTGF Secretary and the President of the LOC for Anzère 2018, said the Local Organising Committee was looking forward to hosting the transplant family from around the world with their families to celebrate life and pay homage to our donors, surrounded by the magnificent scenery of the Swiss Alps. More Information: <http://wtgf.org>



in 2012, Anzère had the skills and experience required plus the team that runs the annual Swisstransplant TACKERS transplant kids camp. This placed them in an ideal position to deliver a games just eight months away.”

Mr. Thomas added that the WTGF council was committed to providing recipients with a winter games opportunity and it was a brilliant way to showcase the success of transplant athletes in rehabilitating to the fullness of health.

An Australian team for the World Winter Transplant Games will be organised through Transplant Australia if there are enough people who express interest, some years the team has been as small as four people. Contact:

Transplant Australia
transplant.org.au
1800 827 757
02 9922 5400
contactus@transplant.org.au



Heart & Lung Transplant Trust (Victoria) Inc
Bringing The Alfred transplant family together.

Gala Evening

An evening of fun, music, entertainment and prizes!

Dress in your finest with a touch (or more) of pink and purple to help us raise funds for transplant recipients, their families, and those waiting for the gift of life

Where: Bayview on the Park, 52 Queens Rd, Melbourne

When: 6.30PM Saturday October 21st, 2017

How Much: \$75 per person - includes 3 course meal, soft drink & coffee

Tables of 10 available - Drinks at bar prices
Tickets: <https://www.trybooking.com/300774>

For more information or to find out how you can get involved,
please contact:

Martina McArdle	0409 957 492	martina@hlttv.org.au
Brandon-Lee Rocco	0401 911 946	events@hlttv.org.au



BAYVIEW ON THE PARK
MELBOURNE • AUSTRALIA